

August 2nd Bulletin

Prelude

Announcements (will be on Facebook Live screen)

Call to Worship:

Pastor: I love you, O Lord, my strength

People: The Lord is my rock, my fortress, and my deliverer

Pastor: I call upon the Lord, who is worthy to be praised

People: So I shall be saved from my enemies

Opening Hymn - #670 (lyrics will be on Facebook Live screen)

"Rise Up, O Saints of God"

Opening Prayer and Prayer of Confession

Scripture: Matthew 11:28-30

Sermon: Fruit of the Spirit – Gentleness

Time of Prayer

(Note: For now, we will NOT be asking for spoken joys and concerns during the service. If you have prayer requests, please send them via Facebook Messenger or text. Also, only first names will be mentioned and medical conditions will be kept vague to protect privacy.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our debts, as we forgive our debtors.

And lead us not into temptation but deliver us from evil:

for thine is the kingdom, and the power, and the glory, forever.

Amen.

Closing Hymn – #124 (lyrics will be on Facebook Live screen)

"I Love You, Lord"

Offering Reminder

Offering plates are around the sanctuary near each entrance and online giving is available at www.cedarvilleunited.org

Benediction

Postlude

Sermon Notes:

INTRODUCTION

- Brené Brown Podcast – 3/27 *Brené on Comparative Suffering, the 50/50 Myth, and Settling the Ball*, www.brenebrown.com
- COVID-19 is not going to be a sprint, but a marathon...
- *On Leaving—A Pastoral Letter*
 - ...In the early stage, there were constant fires to put out...
 - ...In this “middle” stage, that’s gone away. In its place, we’re now looking ahead, planning various scenarios for multiple different possibilities, and while staring down a horizon that is at best hazy, and standing on ground that is constantly shifting...

BACKGROUND OF PASSAGE

- *Come to me*...It seems like a simple invitation, but we often go to everything else first.
- *All you who are weary and carrying heavy burdens*...What burdens you now?
- *And I will give you rest*...It takes a lot of energy to try to solve our problems ourselves.
- *Take my yoke upon you and learn from me*...What have we yoked ourselves to? Addictions? Lies? Strongholds? Behaviors that are opposite of the fruit of the Spirit? When we are yoked to something, we are locked with it.
- *For I am gentle and humble in heart*...We can come to Jesus because we can trust he isn’t going to leave us, and that he will be gentle. He loves us more than we know...we are cherished by God.
- *And you will find rest for your souls*...There’s a lot to worry about right now. But the question is, will we take those burdens on our shoulders or will we come to Jesus to learn from him?
- *For my yoke is easy and my burden is light*...Jesus knew who he was, and knew why he was on earth. He didn’t yoke himself with things that weren’t his. He didn’t take on burdens that weren’t his.

FOR US TODAY

- From “crisis thinking” to “settling the ball”
- Where is your mindset? Where are your hands? Where is your heart? What is your posture?
- It’s about how we express our opinions vs. the opinions themselves
- What do we need to do – each one of us – to get into a prayerful posture?
- What are you yoked to right now? – that is the question of the week